

Girls' 440 Yd/400 Meter Dash in the PCL Meet

Year	Best Run this Specific Year	Runner	School	Record Holder in the PCL	School
1972	NR 1:01.9	Mary Ann Good	Fort Jennings	Mary Ann Good	Fort Jennings
1973				Mary Ann Good	Fort Jennings
1974	NR 1:09.0	Kathy Ginther	Pandora-Gilboa	Kathy Ginther	Pandora-Gilboa
1975	NR 1:06.2	Karen Jones	Continental	Jones	Continental
1976	NR 1:04.8	Robin Mansfield	Continental	Robin Mansfield	Continental
1977	1:06.9	Brenda Wells	Leipsic	Robin Mansfield	Continental
1978	1:05.1	Brenda Wells	Leipsic	Robin Mansfield	Continental
1979	1:08.0	Deb Rodriquez	Leipsic	Robin Mansfield	Continental
1980	1:06.9	Kim Louiselle	Continental	Robin Mansfield	Continental
1981	NR 1:04.7	Deb Rodriquez	Leipsic	Deb Rodriquez	Leipsic
1982	1:06.2	Brenda Winkle	Continental	Deb Rodriquez	Leipsic
1983	1:05.5	Brenda Winkle	Continental	Deb Rodriquez	Leipsic
1984				Deb Rodriquez	Leipsic
1985	NR 1:01.1	Amy Vennekotter	Miller City	Amy Vennekotter	Miller City
1986	1:01.5	Amy Vennekotter	Miller City	Amy Vennekotter	Miller City
1987	1:08.0	Michelle Schroeder	Leipsic	Amy Vennekotter	Miller City
1988	NR 1:00.1	Amy Vennekotter	Miller City	Amy Vennekotter	Miller City
1989	1:04.6	Shelly Heitmeyer	Ottoville	Amy Vennekotter	Miller City
1990	1:03.0	Shelly Heitmeyer	Ottoville	Amy Vennekotter	Miller City
1991	1:03.5	Shelly Heitmeyer	Ottoville	Amy Vennekotter	Miller City
1992	1:03.6	Shelly Heitmeyer	Ottoville	Amy Vennekotter	Miller City
1993	1:04.5	Brook Miller	Pandora-Gilboa	Amy Vennekotter	Miller City
1994	1:01.6	Kelley Irwin	Columbus Grove	Amy Vennekotter	Miller City
1995	1:06.7	Kristy McKibben	Miller City	Amy Vennekotter	Miller City
1996	1:05.2	Stephanie Palte	Columbus Grove	Amy Vennekotter	Miller City
1997	1:06.4	Kristy McKibben	Miller City	Amy Vennekotter	Miller City
1998	1:04.4	Kara Heitmeyer	Pandora-Gilboa	Amy Vennekotter	Miller City
1999	1:01.9	Lauren Slusser	Columbus Grove	Amy Vennekotter	Miller City
2000	NR 1:01.0	Lauren Slusser	Columbus Grove	Lauren Slusser	Columbus Grove
2001	1:01.1	Brittany Begg	Columbus Grove	Lauren Slusser	Columbus Grove
2002	1:01.4	Brittany Klima	Ottoville	Lauren Slusser	Columbus Grove
2003	NR 1:00.4	Brittany Begg	Columbus Grove	Brittany Begg	Columbus Grove
2004	1:01.3	Brittany Klima	Ottoville	Brittany Begg	Columbus Grove
2005	1:03.6	Kayla King	Columbus Grove	Brittany Begg	Columbus Grove
2006	1:01.6	Jaimie Lewis	Columbus Grove	Brittany Begg	Columbus Grove
2007	1:01.3	Jaimie Lewis	Columbus Grove	Brittany Begg	Columbus Grove
2008	TR 1:00.4	Jaimie Lewis	Columbus Grove	B.Begg/J.Lewis	Columbus Grove
2009	NR 0:59.8	Shayla Siefker	Ottoville	Shayla Siefker	Ottoville
2010	1:03.6	Shayla Siefker	Ottoville	Shayla Siefker	Ottoville
2011	1:02.0	Shayla Siefker	Ottoville	Shayla Siefker	Ottoville
2012	1:01.7	Macy Schroeder	Fort Jennings	Shayla Siefker	Ottoville
2013	1:04.4	Lori Bruskotter	Fort Jennings	Shayla Siefker	Ottoville
2014	1:01.5	Julia Wynn	Columbus Grove	Shayla Siefker	Ottoville
2015	1:02.6	Alex Maag	Pandora-Gilboa	Shayla Siefker	Ottoville
2016	1:02.25	Lindsay Schweller	Ottoville	Shayla Siefker	Ottoville
2017	1:02.65	Kelly Doepker	Kalida	Shayla Siefker	Ottoville
2018	1:00.56	Hannah Berheide	Kalida	Shayla Siefker	Ottoville
2019	1:02.28	Rylee Sybert	Columbus Grove	Shayla Siefker	Ottoville
2020			No Track Meet Due to COVID		Ottoville
2021	1:00.06	Peyton Heitmeyer	Leipsic	Shayla Siefker	Ottoville
2022	0:59.83	Peyton Heitmeyer	Leipsic	Shayla Siefker	Ottoville
2023	1:01.47	Lauren Laudick	Kalida	Shayla Siefker	Ottoville

The girls' 440 yard/400 meter dash has been held in every PCL Track and Field Meet since 1972 except for 2020 due to COVID. The first dash and record was held by Mary Ann Good of Fort Jennings when she ran the event in 1 minute, 1.9 seconds. In 1985, Amy Vennekotter of Miller City set the standard at 1 minute, 1.1 seconds and held the record for 15 years. The current record of 59.8 seconds is held by Shayla Siefker of Ottoville and was set in 2009. The event was converted to meters in 1980.