

Lady Bulldogs Have Strong Performance to Win PCL Track Title

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COLUMBUS GROVE – Columbus Grove girls track and field team closed out the Putnam County League meet Friday night running all seniors in the 4x400 relay race.

As the Bulldog seniors closed out their home careers, they and members of their track and field team had already wrapped up another PCL championship.

The Lady Bulldogs dominated the competition on a rainy Friday night at Clymer Stadium scoring 218 points to repeat as league champions as Kalida was second with 141 points. Ottoville finished third with 71 points followed by Miller City with 63 points and Pandora-Gilboa was fifth with 43 points.

Columbus Grove girls 4x400 relay team closed out the Bulldogs convincing win by breaking the meet record in the event as the quartet of Jade Roeder, Devanie Pingle, Kendal Palte and Liv Mayberry ran a 4:01.83 for the win. The Bulldogs broke the long standing record in the event that their coaches Abbie Norton and Susan Jones set when they were members of the squad that held the record into Friday night.

“At the Tracy Brown Invite, I felt like we had a mini peak there,” Grove head coach Abbie Norton said. “Whether it was the atmosphere or whatever, they were ready to go that night.”

“We had a couple of sore legs after that, so you could say they needed some rest. The last couple of weeks, we’ve been training, but just backed off a little bit. We tell them that every year that you have to get through March and April to get to May. We promise we will give your legs back in May. To that is a testament you can do really good things, even on tired legs.”

While the Bulldogs ended the meeting setting a record, they started the running portion of the night as Pingle, Lily Montgomery, Sarah Kamphaus and Mayberry ran a 9:51.78 to break the meet record.

“I wanted to give a couple of the girls, especially the seniors, a chance at the records,” Norton said. “When I posted the lineup, and everyone can see it and this time I posted the PCL records for each event, so they had something to shoot for because some of them were so close. I said you guys can get this and they did. Kendal in the 300 hurdles was close, but she came up shy. Just being able to see that, to that was our focus.”

Palte just missed the record in the hurdles as she ran a 45.59 with the record being a 45.5. Palte won three individual

events as she won the 100 dash and the high jump. Overall, the Lady Bulldogs won 13 events on the night.

A third record that fell Friday night came in the 400 dash as Kalida senior Lauren Laudick won with a time of 58.88. This is the third straight meet the Ladycat senior has broken the meet record. Laudick said a close loss in the 100 dash helped fuel her run in the 400.

“The 100 kind of got me angry,” Laudick said. “And I run better when I’m mad. Tonight was rainy and I was hoping for a good time. To run a 58 when it is cold and rainy is good.”

Ashley Draper won the discus for Pandora-Gilboa with a throw of 118-4 and Cassidy Deitering won the long jump with a leap of 15-7.

Kendal Palte of Columbus Grove was the Player of the Year.

SUMMARY

(1) Columbus Grove 218 (2) Kalida 141 (3) Ottoville 71 (4) Miller City 63 (5) Pandora-Gilboa 43 (6) Continental 27 (7) Leipsic 26 (8) Fort Jennings 11

SHOT PUT – Nicole Nesby (CG) 36’8 ½”

DISCUS – Ashley Draper PG) 118’4”

HIGH JUMP – Kendal Palte (CG) 4’10”

LONG JUMP – Cassidy Deitering (O) 15’7”

POLE VAULT – Not held due to weather

100 M. HURDLES – Bree Closson (CG) 15.58

300 M. HURDLES – Kendal Palte (CG) 45.59

100 METER DASH – Kendal Palte (CG) 13.23

200 METER DASH – Jade Roeder (CG) 26.85

*NR 400 METER DASH – Lauren Laudick (K) 58.88

800 METER RUN – Liv Mayberry (CG) 2:22.29

1600 METER RUN – Sarah Kamphaus (CG) 5:41.22

3200 METER RUN – Sarah Kamphaus (CG) 12:14.46

4x100 METER RELAY – Brynn Halker, Brynn

Calvelage, Hailey Mertz and Allison Thompson (CG) 53:13

4x200 METER RELAY – Allison Thompson, Lillian Stechschulte, Lydia Sarka and Brynn Calvelage (CG) 1:52.32

*NR 4x400 METER RELAY – Jade Roeder, Devanie Pingle, Kendal Palte and Liv Mayberry (CG) 4:01.83

*NR 4x800 METER RELAY – Devanie Pingle, Lily Montgomery, Sarah Kamphaus and Liv Mayberry (CG) 9:51.78.