

Bulldogs Sweep PCL Track Titles

Putnam County Sentinel – Charlie Warnimont – May 8, 2019

Columbus Grove continued its domination of the Putnam County League Track and Field Meet on Friday night at Ottoville's Bob Kaple Track.

The Lady Bulldogs used eight wins and placements in every event as they finished with 166 points for the eighth straight PCL title. Leipsic was second with 117.5 points and Kalida finished third with 107.5 points.

Columbus Grove's girls team rode the efforts of junior Alyssa Ellerbrock and senior Rylee Sybert to seven wins Friday night. Ellerbrock scored four wins for the Lady Bulldogs and Sybert finished with three wins and one runner-up finish to extend the Bulldogs streak of PCL title.

"Our senior girls set a couple of goals and the first one is to win the PCL," Columbus Grove coach Tim Staley said. "Rylee Sybert, we put her in more individual events than we usually do. She ran really well and got three firsts and Alyssa Ellerbrock to run the 'Iron Man', the 4x8, 1600, 800 and 3200 and to win them all is a great accomplishment at any meet. Maddie Maag won the shot put and she hadn't done that in a while. And some of our younger kids showed up too and they see these seniors doing it and they want to be a part of it."

Ellerbrock had a busy night starting with the 4x800 relay as she anchored the team of Erin Downing, Morgan Deffenbaugh and Sydney Witteborg to a win in 10:48.30. Later she overcame Kalida's Kenzie Fortman in the final 200 meters to win the 1600-meter run in 5:23.18 before winning the 800 in 2:27.72. The junior finished her night by winning the 3200-meter run a short time later in 12:11.37.

"This is the first invitational I have ran the 'Iron Man'," Ellerbrock said. "I've never done this combination before. It's like boom they are back to back to back and you don't get much rest."

"For the first mile in the 3200, I was still recovering from the 800, because I wasn't used to it. I got to the mile mark and still had some energy left, so that's when I made my move and gave it all the energy I had left. I love having competition in my runs because I don't always start the fastest, so when I have someone to latch onto and push me through the first few laps that's beneficial to my times."

Sybert won three individual races starting with the 100 dash in 12.56 before winning the 400 dash in 1:02.28 and she took the 200 in 26.46. Her runner-up finish came in the 4x200 relay as the Bulldogs finished second to Kalida running a 1:53.69. Running this event for the Bulldogs were Abigail Gladwell, Savannah Ridenour and Koryn Halker.

Maag won the shot put with a throw of 35-7 as teammate Kennedy Flores was second at 35-2.

Leipsic had just two wins in finishing second as Olivia Nunez won the high jump clearing 4-11 and Carlee Siefker won the long jump with a leap of 17-8. Siefker's distance was just two inches off the PCL record of 17-10 held by Grove grad Abbie Stechschulte.

Kalida picked up three wins on the day as Brenna Smith won the 100 hurdles in 16.62 before joining Peyton Wurth, McKayla Maag and Hannah Berheide to win the 4x200 relay in 1:50.50. Abby Maag, Berheide, McKayla Maag and Vorst teamed up to win the 4x100 relay in 53.44.

Continental's Katie Keller won the 300 hurdles in 46.52 and Shelby Collier won the pole vault clearing 8-8.

Ottoville's Brynlee Hanneman won the discus with throw of 126-2, while Tori Thomas, Kasey Knippen, Alexa Honigford and Quinley Schlagbaum team up to win the 4x400 in 4:27.30.

SUMMARY

(1) Columbus Grove 166 (2) Leipsic 117.50 (3) Kalida 107.50 (4) Ottoville 69 (5) Continental 43 (6) Pandora-Gilboa 41 (7) Fort Jennings 12

SHOT PUT – Madisyn Maag (CG) 35-07.00

DISCUS – Brynlee Hanneman (O) 126-02.00

HIGH JUMP – Olivia Nunez (L) 4-11.00

LONG JUMP – Carlee Siefker (L) 17-08.00

POLE VAULT – Shelby Collier (C) 8-08.00

100 M. INTERMED. HURDLES – Brenna Smith (K) 16.62

300 M. LOW HURDLES – Katie Keller (C) 46.52

100 METER DASH – Rylee Sybert (CG) 12.56

200 METER DASH – Rylee Sybert (CG) 26.46

400 METER DASH – Rylee Sybert (CG) 1:02.28

800 METER RUN – Alyssa Ellerbrock (CG) 2:27.72

1600 METER RUN – Alyssa Ellerbrock (CG) 5:23.18

NR 3200 METER RUN – Alyssa Ellerbrock (CG) 12:11.37

4x100 METER RELAY – Abby Maag, Hannah Berheide, McKayla Maag and Lydia Vorst (K) 53.44

4x200 METER RELAY – Peyton Wurth, Brenna Smith, McKayla Maag and Hannah Berheide (K) 1:50.50

4x400 METER RELAY – Tori Thomas, Kasey Knippen, Alexa Honigford and Quinley Schlagbaum (O) 4:27.30

4x800 METER RELAY – Erin Downing, Morgan Deffenbaugh, Sydney Witteborg and Alyssa Ellerbrock (CG) 10:48.30